



# Nelson and District Hospice Society



## NELSON & DISTRICT

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## EAST SHORE

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## WHAT IS HOSPICE

Hospice palliative care provides support for patients and caregivers dealing with terminal illness. As a part of a caregiving team, hospice volunteers provide emotional, spiritual and practical support for individuals and their caregivers.

Sensitive, compassionate and confidential support can be provided at home, in the hospital or in long term care facilities. Hospice care can help make a very difficult life passage manageable and meaningful.

## WHO WE ARE

A non-profit, charitable organization, Nelson & District Hospice is a member of the BC Hospice Palliative Care Association and registered with the Canadian Hospice Palliative Care Association. All of our services are free. Donations are gratefully accepted.

## WHAT WE DO

Well-trained volunteers provide confidential care that can include:

- Emotional support for the terminally ill and their loved ones
- Spiritual support for people of all faiths and beliefs
- Visits with clients and families
- Caregiver respite
- Help with practical day to day needs like appointments and outings
- Telephone support
- Support to help adjust to change and loss
- Bereavement support after the death of a loved one
- Advocacy and community awareness about end-of-life issues

## HOW TO BEGIN

Referrals for hospice are only made with your permission. You or a family member can contact hospice to request service or you can ask your home care nurse, doctor or hospital staff to contact hospice for you.

Hospice care stresses living fully until the very end of life with dignity and comfort, surrounded by a circle of support.

## VOLUNTEERING

Volunteer training sessions are offered regularly. Contact us for more information.

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NDHS is partly funded by the IHA and donations from community groups, individuals and businesses.